

NATURAL WHISPERINGS™

Experiential Learning Center

“Connect deeper with your true nature through the Natural Whisperings of horses”

What is "experiential learning"? Experiential lessons are carefully crafted and facilitated “experiences” with the intent to develop a deeper awareness and connection to our inner natural resources. They can be accomplished with or without the assistance of animals.

- ***See** the subtleties of nonverbal communication
- ***Hear** about how to use emotions as tools
- ***Feel** what it is like to set healthy boundaries
- ***Uncover** the power of energy in relationships
- ***Be inspired** to carry this enrichment into your life



Equine Experiential Learning at the Farm:

Equine Experiential Learning is comprised of experiences with a horse on the ground. No previous horse or animal experience is needed. The safety of the environment is an essential part of all work done here. Each session has a specific topic, a lead-in exercise, a purposeful experience and a take away message. All lessons build on the experience of the previous one. The horse is a valued partner in developing our own inter-personal skills, discovering the spirit of cooperation, and cultivating the qualities of natural leadership. By working with these magnificent animals, we can experience a better sense of our authentic nature, which affects our awareness of ourselves and others every day.

The Progressive 7 Series: *(Experiential Lessons)*

1. Nonverbal Introduction
2. Emotional Tools
3. Healthy Boundaries
4. Reflective Awareness
5. Nurturing Relationship
6. Energy Modulation
7. Dancing with Horses



Sign up for a single 2-hour session, a bundled series, or a small group workshop. Commit to all seven levels over a period of time. Getting to dance with horses is really worth it!

Facilitator: Joanna DeRungs has been immersed in horses, movement arts, communication, and leadership most of her life. She first worked with horses on a family farm, then later advanced through the corporate and technical world at the management and executive levels. She has studied many methods and philosophies throughout her life, from dance, long distance running, Tai Chi and Qigong as well as most horse riding disciplines and equine experiential learning. She brings all of this into her experiential work with people and horses at her private farm facility in the form of Natural Whisperings™.

Pricing for Farm Workshops:

Single Level Sessions - 2 hours each <i>By appointment only. Work through The Progressive 7 Series (above). Take your time through the process, two hours at a time.</i> \$100 per person/per 2 hrs (Individual) \$75 per person/per 2 hrs (Group of 2-4 people)	Full Day Workshops - 9am - 5pm. <i>Full day study of a mix of experiential offerings from The Progressive 7 Series. Intense, but awesome!</i> \$300 per day (Individual) \$250 per person/per day (Group of 2-8)	1/2 Day Workshops - 9am-1pm. <i>Intensive short study of a mix of experiential offerings from The Progressive 7 Series. Customized, condensed, inspiring!</i> \$175 per 1/2 day (Individual) \$125 per person/per 1/2 day (Group of 2-8)
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Set up your personal horse farm experience today!



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