

Equine Body Balance™

Summer 2016

Susan Smith, Founder & Instructor



The following classes are designed for horse owners and professionals, bodyworkers and equine enthusiasts who would like to learn how to do some effective bodywork on their horse. The courses will include building blocks of equine health and energetic relationship with the horse. The work relies on the horse's innate ability to self-correct and can have profoundly sustainable results. Emphasis in class will be on developing feel and timing in contact. Neither class requires a pre-requisite.

Hands-on non-force work will include:

- Assessment and palpation
- Principles & safety
- Developing feel
- Techniques
- Rechecking of points

Working with the Equine Spine (2-Day Class)

June 10-11 Fri-Sat

We will observe ways to address the spine by observing spinal curves and movement, with non-force, specific techniques and point work. We will also look at the range of motion available in the spine and discuss common areas of pain.



Working with the Equine Limbs (2-Day Class)

Aug 12-13 Fri-Sat

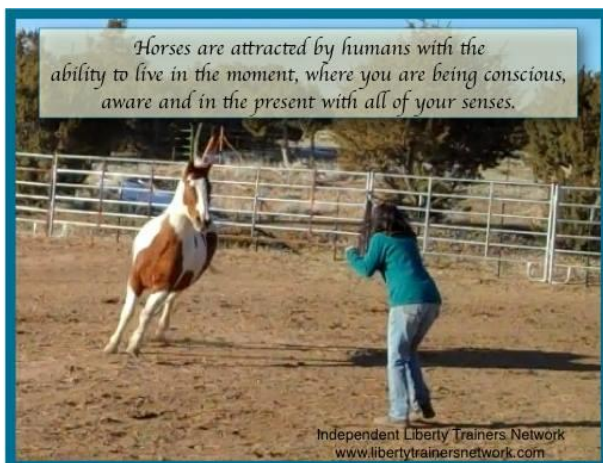
We will address the equine limbs and common areas of restriction through looking at range of movement, hooves as an organ, limb structure, types of joints and joint articulation, ligaments and tendons, musculature, relationship of the limbs to the spine, efficient vs. inefficient movement.

COST: Equine Body Balance (2 days): \$350 Early Bird/ \$400 after Early Bird dates

Horses at Liberty Foundation Training

Summer 2016

Susan Smith, Co-Founder & Instructor



Liberty Foundations (1-Day Class)

June 12 Sunday or Aug 14 Sunday

Liberty Foundations are six foundations based on horses' cooperative natural herd behavior, using no tack. Working with energetic principles, we come into relationship with the horse by first learning to relate in his or her language, through body positioning, touch and rhythms. As horsemanship methods have evolved, the horse's true voice has not always been heard. For horses, true Liberty work can feel like a song from the herd, perhaps a herd they never had. The differences in horses' behavior can be profound, leading to deeper connection in other work done on the ground and under saddle.

COST: (Beverages and snacks provided. Lunch on your own.)

Horses at Liberty Foundations (1 day): \$175 Early Bird/ \$200 after Early Bird dates

Equine Body Balance (2 days): \$350 Early Bird/ \$400 after Early Bird dates

Equine Body Balance + Horses at Liberty Foundations (All 3 days): \$500 Early Bird/ \$575 after Early Bird dates.

BEST DEAL: Save \$25 by signing up for all 3 days;

Save \$100 on all 3 days with Early Bird payment rates.

Early Bird discounts up to May 21st for June workshops & up to July 22nd for August workshops.
Full Payment due by June 3, 2016 for June Workshops & August 5, 2016 for August workshops

All Workshops At: Natural Whisperings™ Experiential Learning Center, Canby, Oregon.

For registration and payment via website: www.naturalwhisperings.com/events

Registration Via Phone: 503-266-3813

Registration Via Fax: 503-266-9080

Registration Via Email: info@naturalwhisperings.com

No Haul-ins. No Audits. Class Limited to 12 participants.

Susan Smith teaches Equine Body Balance™ courses, Liberty Foundation™ courses, and is an Associate Instructor and Advanced Practitioner of Ortho-Bionomy, Practitioner Equine Positional Release (EPR) and Reflex Balancing. She brings her knowledge of these modalities to Equine Body Balance as a unique offering.

